



WELLBEING ASSESSMENT

EAP Plus

WHAT IS EAP PLUS?

Converge International provides your staff with access to our EAP services via our 1300 687 327 phone line. We call this 'self-referred' because usually your employee makes the call themselves to access the service.

Sometimes an employee may need further assessment or support beyond that provided under your EAP. This is where the EAP Plus service may offer an ideal solution. You may elect to refer staff to Converge International for a range of manager-referred wellbeing assessment and support services.

In this flyer, we will introduce the EAP Plus Wellbeing Check.

WHAT IS THE EAP PLUS WELLBEING ASSESSMENT?

This check is made available for situations where a workplace is concerned about risks to a staff member's psychological safety or wellbeing, particularly if there is a mental health risk for that person.

An EAP Plus Wellbeing check is delivered face to face by a highly experienced Converge International consultant, in most cases a psychologist. Where a Converge International psychologist is not available, the check will be conducted by a specialist social worker, mental health nurse or other similarly qualified mental health practitioner.

Your employee's Wellbeing Check involves an interview where the consultant will undertake a discussion to determine the staff member's:

- Psychological safety
- Welfare
- General wellbeing

- Potential mental health risks

After the staff member has spoken with the counsellor, a brief report will be provided to the referring party.

HOW DOES THE WELLBEING CHECK SUPPORT YOUR STAFF?

Sometimes the balance between work and life can be upended and major work stress or personal matters can have an impact on a staff member's wellbeing and potential performance in the workplace. Converge International is providing this check to support your staff and to equip them to better manage stress and stressful situations. The Wellbeing check aims to mitigate risks to that staff member or to others, and to support the referred staff member to be a productive, happy and healthy at work.

HOW CAN YOUR STAFF ACCESS THIS SERVICE?

As this is an 'EAP Plus' service, all staff accessing a Wellbeing Check will be referred by their employer. All staff attendance and participation in this Wellbeing Check is voluntary. An online referral form can be accessed here:

www.convergeinternational.com.au/EAPPlus

LEARN MORE ABOUT CONVERGE INTERNATIONAL'S EAP PLUS SERVICES

You can find out more about EAP Plus services by speaking with your Converge International Client Relationship Manager.



MORE
INFORMATION

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