

# Youth and Student Helpline

## Introducing Converge International's Specialist Phone Helplines.

Converge International understands that people face many challenges in their lives and that sometimes, these require specialised support. We believe the counsellors providing this support should be specialists with specific social or cultural experience, knowledge and understanding of the issues and challenges impacting young people.

### SPECIALIST PHONE HELPLINES

Your organisation offers access to one session of specialist support (available during business hours only), in addition your existing Employee Assistance Program services.

### YOUTH AND STUDENT HELPLINE

We recognise that there are many pressures on young people today. Whether they are in the senior years of their schooling, or commenced tertiary studies, or out in the world working toward building a fulfilling life, we know it can be tough sometimes. It can be lonely and hard to know who is in your corner. Who can be trusted while being professionally trained, independent and committed to helping you. This is why we've set up a brand new helpline specifically targeting young people, staffed by young people who want to make a positive difference.



## HOW DO THESE SERVICES SUPPORT YOU?

When you call one of our specialist helpline services, we make an appointment for you to speak with an independent, experienced and supportive counsellor. They can also help you access additional support through referrals to external services, specialised information and resources. Even though they are intentionally a young counselling team, they have the full backing of our large senior team of counsellors and mental health experts that can help out at a moment's notice.

## MORE INFORMATION

You can find out more about our Specialist Phone Helplines by visiting our website at [convergeinternational.com.au](http://convergeinternational.com.au) or calling **1300 our eap** (1300 687 327).

## EAP Connect

Your Mobile Solution for on the go EAP Support by Converge International

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