

Care Made Real

Employee Assist



The Converge International Employee Assistance Program (EAP) can support you to build the skills you need to adapt to the changing world of work and to thrive in all areas of life.

Employee Assist is provided independently to PUMA.

When you access **Employee Assist**, you can speak with a qualified, experienced counsellor across a range of issues including:

- work and personal stress
- work, career and life changes
- personal and workplace relationships
- emotional difficulties
- communication and relationship tension, conflict and breakdown
- grief and loss
- sleep and fatigue
- gambling, drug, alcohol and other addictions
- anger and violence.

Your **Employee Assist** is:



A confidential service



Available to all employees



Available for 4 sessions per issue

Details of your discussion will not be shared with your manager or workplace. You can read our Privacy Policy on our website.

To make an appointment to speak with a Converge International counsellor:

Call **1300 OUR EAP (1300 687 327)** (Aus)
0800 666 367 (NZ) | **+613 8620 5300** (Intl)

Visit **www.convergeinternational.com.au**
to access our Live Chat service or book.

Download our **EAP Connect App** to connect
with us through the Appointment icon.



CONTACT OR MORE INFORMATION

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convergeinternational.com.au | eap@convergeintl.com.au

