

Care Made Real

# Conflict Assist

The Converge International Employee Assistance Program (EAP) can support managers and employees who are dealing with the impacts of conflict at work.

**Conflict Assist** is provided independently to Eastern Health.

Every organisation and working relationship has the potential to be affected by conflicts, disagreements and relationship breakdowns. The impacts of conflict on mental fitness are real. Conflicts often begin as small issues that have the potential to develop into dislike, distrust and broken relationships that affect employee wellness and productivity.

Our **Conflict Assist** consultants can work with you to:

- restore a harmonious workplace focused on successful and productive teams
- build stronger, more supportive relationships to positively address disagreements before they lead to open conflict
- help identify the behaviours and situations that lead to conflict
- find common ground and create a collaborative and supportive environment.



Your **Conflict Assist** is:



A confidential service



Available to all employees



Available for 4 sessions per issue

Details of your discussion will not be shared with your manager or workplace. You can read our Privacy Policy on our website.

To make an appointment to speak with a Converge International counsellor:

Call **1300 OUR EAP (1300 687 327)** (Aus)  
**0800 666 367** (NZ) | **+613 8620 5300** (Intl)

Visit **[www.convergeinternational.com.au](http://www.convergeinternational.com.au)**  
to access our Live Chat service or book.

Download our **EAP Connect App** to connect  
with us through the Appointment icon.



## CONTACT OR MORE INFORMATION

**1300 687 327** (Aus) | **0800 666 367** (NZ) | **+613 8620 5300** (Intl)

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**easternhealth**

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