

Care Made Real

# Money Assist

The Converge International Employee Assistance Program (EAP) can support you to build the skills to manage your financial wellbeing concerns.

**Money Assist** is provided independently to Middlemount South.

**Money Assist** recognises that the way you view your financial situation impacts on your mental health and wellbeing. Learning new financial habits and skills can help to reduce your stress, improve your wellbeing and your relationships, as well as enhance engagement and productivity at work.

Your consultant will work with you to develop a realistic action plan that can help you to:

- create a sensible debt payment plan that doesn't incur extra costs
- manage stress caused by personal financial challenges
- learn new financial skills that improve your confidence when managing your finances
- build new habits to better manage money, minimise stress and reduce personal conflicts
- negotiate with creditors to obtain achievable payment arrangements.



Your **Money Assist** is:



A confidential service



Available to all employees



Available for 2 sessions per issue

Details of your discussion will not be shared with your manager or workplace. You can read our Privacy Policy on our website.

To make an appointment to speak with a Converge International counsellor:

Call **1300 OUR EAP (1300 687 327)** (Aus)  
**0800 666 367** (NZ) | **+613 8620 5300** (Intl)

Visit **[www.convergeinternational.com.au](http://www.convergeinternational.com.au)**  
to access our Live Chat service or book.

Download our **EAP Connect App** to connect  
with us through the Appointment icon.

## CONTACT OR MORE INFORMATION

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[convergeinternational.com.au](http://convergeinternational.com.au) | [eap@convergeintl.com.au](mailto:eap@convergeintl.com.au)

