

# Financial Coaching

Converge can support you to build the skills to manage your financial wellbeing concerns.



Financial Coaching is provided independently to your organisation.

Financial Coaching recognises that the way you view your financial situation impacts on your mental health and wellbeing. Learning new financial habits and skills can help to reduce your stress, improve your wellbeing and your relationships, as well as enhance engagement and productivity at work.

Your consultant will work with you to develop a realistic action plan that can help you to:

- create a sensible debt payment plan that doesn't incur extra costs
- manage stress caused by personal financial challenges
- learn new financial skills that improve your confidence when managing your finances
- build new habits to better manage money, minimise stress and reduce personal conflicts
- negotiate with creditors to obtain achievable payment arrangements.

## Your Financial Coaching is:

- **A free, confidential service**
- **Available to all employees 24/7, anytime, anywhere**

Details of your discussion will not be shared with your manager or workplace. You can read our Privacy Policy on our website.

Book an appointment to speak with us:



Scan the QR code or click here to **book**. Don't forget your organisation code:



**DOWGRPAU**



Visit [convergeinternational.com.au](https://convergeinternational.com.au) to **Live Chat** with a counsellor.



Call **1300 687 327** (Australia) or **0800 666 367** (New Zealand)

